

I am a... student teacher researcher

For the next minutes:

Choose one learning technology you have real experience with — as a learner or as an educator. Keep that same technology in mind across all cards.

Fill in one card at a time — short, honest notes are more useful here than polished sentences.

Keep your completed set of cards together :)

Technology reflected on :::

Cognitive

Mental effort, attention, and depth of processing invested in the activity

Does the tool support focused attention and deep thinking, or does it fragment attention and encourage shallow processing? What features push you either way?

Affective

Emotional involvement and affective responses directed toward learning, the technology itself, and the learning environment.

What emotions come up for you — toward the learning itself, toward using the technology, and toward the environment it creates? Are those three different from each other?

Behavioral

Active participation, effort, persistence, and sustained involvement in technology-mediated learning activities

How does this technology encourage — or discourage — sustained, active participation? What actions would tell an outside observer that someone is (or isn't) engaged?

Social

Interaction, connection, and sense of belonging with peers, instructors, or a wider community.

Does this technology foster connection and collaboration, or does it isolate? Who are you engaging with when you use it, and how?

Agentic

The degree of control, voice, and self-direction the learner is able to exercise.

How far does this tool let learners exercise control, express preferences, or shape their own learning process? Where does that control stop?

Perceived Environment Conditions 1

Does this environment feel like it safeguards your interests — privacy, fairness, safety, autonomy? What specific features give you that impression, or undermine it?

Perceived Environment Conditions 2

Does this technology actively support your flourishing and encourage reflective, intentional use — or does it nudge you toward compulsive or passive use?